

Frequently Asked Questions

- What happens if I have a mechanical problem with my bike?

There will be bike mechanics on-site and along the bike course.

- Are wetsuits allowed during the swim?

Per USAT rules, competitors may wear wetsuits if the water temperature is 78 degrees or lower. If the water temperature is between 78.1 - 83.9 degrees, competitors may wear wetsuits but will not be eligible for awards. If the water temperature is 84 degrees or above, participants may not wear wetsuits. An announcement regarding lake temperature per wetsuits will be made race morning.

- Are pets allowed?

Leashed pets are allowed in the park but NOT on the race course.

- What if I have questions on race day?

On race day, all volunteers will be in colored volunteer T-shirts with the Final Stretch, Inc. logo on it. If you have a question ask a volunteer, if they don't know the answer, they'll point you to a race official. The referees who will be at the race representing USA Triathlon will be wearing red USAT shirts. They will be there to enforce all USAT rules. Look in your race packet for a list of most commonly broken race rules to save yourself from a penalty or disqualification.

- Who Benefits from the event?

Though everyone who participates in this event, whether you are a participant, volunteer, or spectator, will walk away with a great sense of enjoyment and satisfaction, you should feel even better knowing that the money raised from this event will benefit a local charity.

- Who organizes the event?

The race director for this race is Mark Bongers, President of FINAL STRETCH, Inc. The race is supported and administered by FINAL STRETCH, Inc. We are proud to have several volunteers from the area supporting our event.

- How will I know where to put my bike in the transition area?

Bikes will be racked by your race number. You will have a designated location on the bike rack. Signs at the end of the bike racks will indicate the range of numbers.

-Who May Enter?

The race is open to anyone 14 years and older. There will prizes awarded for all age groups. All participants must have proper equipment in order to participate.

Individual Entry

AGE Group Division: USAT Age Groups apply. Your age will be determined by your age on Dec. 31st, 2010 per USAT Rules. This includes 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+

Clydesdale/Athena Division: Clydesdale Division is for Men over 200 lbs. Athena Division is for Women over 150lbs. This division is optional. Participants electing to be in this division will not be eligible for regular Age Group awards. Separate awards will be given for the Top 3 finishers for both Clydesdales & Athenas.

Relay Team Entry

A relay team can include all-male, all-female, or co-ed teams. There will be awards given to the Top 3 Overall teams.

**RACE DAY REGISTRATIONS ARE ALLOWED IF OPENINGS AVAILABLE
SORRY, NO REFUNDS ONCE YOU ARE REGISTERED**

Registration fees include post-race lunch provided by **HyVee**, refreshments, a Race Tech Shirt, and great fun!

SWIM CAPS WILL BE PROVIDED & MUST BE WORN

The race will be professionally photographed. Racers will be able to view and purchase their photos online after the race.

The Rochesterfest Triathlon will be timed by Final Time using Champion Chip technology.

The Rochesterfest Triathlon will be professionally officiated by Certified USA Triathlon Officials.